Most Food Items We Prize Today Known to Ancients

NEW YORK—Most of the more than 100 fruits and vegetables we know and use in this country today, appeared on the tables of the ancients centuries before the Christian era. Many of them are among the oldest food plants cultivated by man.

During the 29 years that it took to build the gigantic Cheops pyramid at Gizeh, Egypt, in the 5th century B. C., the workers consumed about $2 million worth of onions, garlic and radishes. In the Bible, we find the exiled Israelites complaining to Moses that they sorely missed the cucumbers, melons, leeks, onions and garlic which were part of their diets in Egypt.

Seeds of the primitive green pea have been found in lake muck of areas inhabited by the Swiss lake dwellers of the Bronze Age, some 5,000 years ago. Cherry pits have been discovered in prehistoric caves.

Apricots, bananas, cabbage, grapes, peaches and dates are all believed to have been well known 4,000 years ago. Coconuts were an Asiatic delicacy at least 1,000 years before Christ and grapefruit, lettuce and plums were common by the first century A. D. Historians believe man was budding and grafting apples 2,000 years ago and oranges were mentioned in Chinese writings of 2200 B. C.

We can thank northern Asia for apples, apricots and cabbage; China for peaches, pears and persimmons; India for citrus fruits, mangos, cucumbers and eggplant; the islands of the Pacific ocean for coconuts and yams; and Arabia for dates and figs.

Throw New Light on Egg Candling Job

LOS ANGELES — Some new developments are hatching in the "egg and eye" profession.

The process of candling eggs (holding an egg between the eye and a light, originally a candle, to determine its quality and detect imperfections) has for centuries been an individualistic, if not intuitive, profession.

Now James A. Howard and Philip F. O'Brien, research engineers at the University of California, Los Angeles, College of Engineering, are making a study which might lead to more scientific ways of determining egg quality.

"By use of special instruments, we are measuring those qualities which the candler visually takes into consideration when he determines the merit of an egg," Howard said.

"We also are breaking the egg onto a flat surface and measuring the component parts, such as depth of air cell and consistency of albumen, in order to determine the actual of 'broken out' quality of the egg."

Then by correlating the "intact" quality, as determined by "instrument candling," with the "broken out" quality, the two researchers hope to make some findings which will lead to improved methods of judging egg quality.

Use of New Test Would Curb Glaucoma

NEW YORK—Results of a California medical survey indicate that a test for tension in the eye, if included in every routine physical examination, could substantially reduce the high toll of blindness from glaucoma.

A detection program conducted by University of California ophthalmologists demonstrates that the test procedure, called tonometry, provides physicians with an "exceptional opportunity" to discover glaucoma in its early stages, when vision usually can be preserved.

The research project was carried out under a grant of funds from the National Society for the Prevention of Blindness, New York, and is reported in the Fall issue of its official journal, Sight-Saving Review.

According to the article, the "ultimate aim" of the research findings is to "persuade medical leaders in medical schools, the military and industry, that tonometry should be included as part of every general physical examination in the over-40 age group."

Study Dope Through Radioactive Poppies

LOS ANGELES — Radioactive poppies are being grown at the University of California, in an effort to trace dope from its synthesis in the plant through its evil, and sometimes beneficent, pathway in the human body.

If the poppy uses one or more of the radioactive compounds in the synthesis of morphine, a main component of opium, the drug will become radioactive. Thus the radioactivity will help detail the manner in which morphine is formed.

Hixburg

Hixburg, Nov. 26.- Many visitors were in the neighborhood last week and many more are expected for Thanksgiving.

Mr. and Mrs. Harwood Hix, of Norfolk were overnight guests of Mr. and Mrs. John Wilson Hix on Friday.

Mr. J. S. Hix, of Thomasville, N. C., spent several days in the home of his brother, W. D. Hix, Jr.

Gene and Jake Wooldridge returned to Roanoke on Wednesday, after a week of hunting. They were guests of their sister, Mrs. Holseapple.

Mr. and Mrs. Marshall Harris, of Williamsburg visited the DeWitt Goin family over the week-end.

Thanksgiving dinner will be a reunion for many realtives and friends. Mr. Ernest Carson expects all his children and grandchildren, except Crawford Carson, who is in California, and Kitty Carson Alsop, who lives in Corpus Christi, Texas.

From Richmond, Crote Carson and family are coming on Wednesday to spend the week-end.

Mr. and Mrs. Elantha Carson, of Covington will also be week-end guests.

Others expected for dinner on Thursday are Woody Carson and family, Charlie Carson and family, and the Nelson Hixes, all of Prospect; Ural Carson's family, of Farmville, and Mr. and Mrs. Lester Nuckols, of Dillwyn.

Mr. and Mrs. Peter Ridley Jones, Patricia and Marshall Lea, of Virginia Beach, are to arrive on Friday to be week-end guests of Mr. and Mrs. Eugene Sears.

Mrs. W. M. Erwin, of Mount Ulla, N. C.; Mr. and Mrs. A. J. Shuping, Jr., Carol and J., of Salisbury, are coming on Wednesday, to be with Miss Maggie Hix for a few days.

Mr. and Mrs. Ed McPhillips expect Watkins McPhillips and family, of Richmond on Wednesday.

Famed Baer's Almanac predicts a gloomy winter picture, weather wise.

Rocks

Rocks, Nov. 25.- Farmers are taking advantage of the cold weather by butchering their hogs.

Rocks was represented at the Training Union meeting at the Elon Baptist Church on last Monday night.

Twenty-three were enrolled in the Training Union study course that was held at Rocks last week.

Quite a few were out hunting last week.

Mrs. Julian Glover, of Crewe, was visiting her sister, Mrs. Clarence Richardson a few days last week.

Mrs. D. R. Inge and Mrs. W. F. Ranson were helping Mrs. Mary Inge do some quilting last week.

Mrs. M. H. Marks and Mr. and Mrs. Edward Ranson went to Richmond over the week-end to see the former's son, Hughes, who is in the Veterans' hospital there.

Mr. A. R. Smith, of Hampton, State Bible Secretary of the Gideons International, brought a very fine message here last Sunday.

School will close for Thanksgiving Wednesday.

Miss Ruby Richardson spent Sunday at Appomattox with Mr. and Mrs. Earl Shelton and Mr. and Mrs. Wilson Almond.

Mrs. D. R. Inge spent Sunday at Pamplin with Mrs. Taylor Inge and Mr. and Mrs. Mac Inge.

Mrs. Watler Ranson and Mrs. Bobby Mitchell were in Lynchburg Saturday.

A few attended the Talent Show at Appomattox Friday night.

Pamplin Vicinity

Pamplin Vicinity, Nov. 26.- The P.-T. A. will meet tonight up at the school auditorium.

The W. M. U. met at Evergreen Baptist Church Tuesday night, and Mrs. Greene taught the mission book on Continent in Commotion. Those from here who attended it were Mrs. Janie Elam, Mrs. L. N. Lagon, Mrs. L. M. Southall, Mrs. H. T. Terry, Mrs. Lizzie Robinson, Mrs. W. M. Black and Miss Sallie Ridell. They enjoyed hearing the discussion.

Rev. and Mrs. Brown and children, of Lynchburg, were dinner guests recently of Rev. and Mrs. Harold Anderson.

Mrs. Juddy Glover spent Friday with Mrs. W. S. Cumby, who was very sick, but is improving very slowly at this writing. Those who visited her Sunday were Mr. and Mrs. Ned Almond, of Lynchburg; Mr. and Mrs. Clayton Beale and Mr. and Mrs. George Shreaves.

Mr. and Mrs. Douglas Jamerson, of Lynchburg visited her parents, Mr. and Mrs. Clarence Ramey Sunday.

Mrs. Harry Williams and daughter, Jane, and Misses Ida and Terrell Harvey, of Darlington Heights, all motored to Baltimore for the week-end. While there they visited Dr. and Mrs. Michael Finnegan.

Mr. and Mrs. Carlton Canada and baby, of Richmond, spent the week-end here with her mother, Mrs. Bessie Mattox.

Mrs. L. M. Southall and Mrs. Lizzie Robinson will spend Thanksgiving with Dr. and Mrs. A. R. Southall, Jr., of Louisa, Va.

Miss Mattie Thornton is on the sick list at this writing.

Miss Juddy Burrell has returned home after visiting her sister, Mrs. Clyde Nash and family, of North Carolina.

Mrs. Taylor Inge is not well at this writing.

Mr. and Mrs. Herbert Greene, of Farmville; Mrs. T. D. Harris and children, of Appomattox visited Mrs. Juddy Glover Sunday.

Mrs. Dabney Inge, of the neighborhood spent Sunday with Mrs. Taylor Inge here.

Mr. and Mrs. James T. Jones family, of Raleigh, N. C., spent Sunday with his mother, Mrs. L. N. Lagon.

We are all glad to see the new houses are being installed in town here. They have been long for.

Mrs. Gladys Woodson, of Appomattox visited Miss Flora Williams last week-end.

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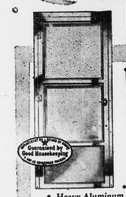

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Spring

Spring, Nov. 26.- The Rev. and Mrs. F. Brown were dinner guests Wednesday evening. Glad that they are leaving Spring and we pray God's blessings in their new field.

Sweden, Norway, Denmark, and Finland recommended Minnesota a customs union which 80 per cent of Finnish trade would be duty-free.

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Richwood

Richwood, Nov. 27.- "Every man I meet is some way my superior; and in that I can learn from him."

—Quoted.

Mr. and Mrs. L. M. Ferguson and daughters visited Sunday in the homes of Mr. and Mrs. T. T. Wooldridge and Mr. and Mrs. G. P. Brannan and daughters.

Miss Val Brannan has the flu at this writing.

Mr. and Mrs. D. A. Pugh were in Lynchburg visiting with relatives on Sunday.

Mr. Tom Paulett was in Lynchburg one day last week.

Mrs. T. T. Wooldridge has the flu at this writing. Also Mrs. Rudell Almond is sick with flu and under a doctor's care.

County Line

County Line, Nov. 26.- It is good to see the sun shining this A. M., after much rain and cloudy weather.

Our community was saddened by the passing of Mr. Artie Mayberry. He will be greatly missed by his family and neighbors.

We are glad to hear that Mr. Dan Irby is able to be back home from the hospital.

Billy Moore has been on the sick list.

Miss Ann Waller and freind, of Richmond visited her father, Mr. James Waller Saturday.

Mr. and Mrs. Jack Jones, of Richmond spent Monday here and attended Mr. Mayberry's funeral.

Mr. John Love was called to North Carolina recently, due to the death of his brother and brother-in-law. He also visited his nephew, who was badly hurt in a car wreck.

Mr. and Mrs. Everette Ferguson were supper guests of Mr. and Mrs. Donald Ferguson Friday night.

UNUSUAL SUIT

Prosser, Wash.- Mrs. Lois E. Hicks, of Richland, Washington, has brought suit for $11,300 damages for injuries against Mr. and Mrs. Marion Lee, also of Richland. Mrs. Hicks claimed she suffered a ruptured disc and other injuries when she fell from a pogo stick at the Lee home in September, 1956. The stick, which Mrs. Hicks claims was defective, belonged to the Lee children.

Appomattox is a growing town.

Locust Grove

Locust Grove, Nov. 26.- People are fixing for Thanksgiving. We do hope it will pass off nicely and there will be no accidents.

Mr. Jim Megginson, of Norfolk spent several days last week in the home of Willie Beale. Others visiting this home were Mrs. Frances Paulette, of Halifax, Mrs. Ida Beale, of Lynchburg; Mrs. Scott Beale, of Prospect, and Mrs. Mary Garrette and daughter, Eunice, and granddaughter, Louise.

Mrs. Lula Beale visited Mrs. Alice Gorw Sunday night in the home of Mr. and Mrs. Joe Megginson.

Walter Harris, of Delaware, is spending this week with his sister, Mrs. Walker Beale.

Those who spent Sunday with Mr. and Mrs. Willie Beale were James Beale, Mr. and Mrs. Clarence Beale, of Lynchburg; Mr. and Mrs. Bennie Beale, Misses Yvonne and Etta Beale.

Friends are sorry to hear of the illness of Mr. W. T. Childers. Also of Mr. Jessie Reynolds.

4-H ACHIEVEMENT PROGRAM HELD

Approximately 200 4-H members and their parents attended the annual 4-H Club Achievement Program held Monday, Nov. 25, at the Appomattox Elementary School. The program was presided over by Percy Lozado, president of the Lucky Clover 4-H Community Club.

A concert was given by members of the Appomattox School Band, under the direction of Joyce Wingfield, prior to the program.

Miss Mary Moorman, retired home demonstration agent-at-large, spoke on "Opportunities in 4-H." Other members participating in the program were Winifred Lee, who gave the devotional; Penny Abbitt, piano solo, and Catherine Richardson, pianist.

Awards were presented by the County Extension Agents, Mrs. B. G. Anderson, and Mr. Jim Smith.

GUN BLAST KILLS BOY

Salisbury, Md.- William Harry Bradford, 10, and his brother, David Lee, 14, missed an early school bus, and, while waiting for the next bus, began playing with a 12-gauge shotgun. The younger boy grabbed the barrell of the gun held by his brother. It discharged, striking the boy in the chest, instantly killing him. The boys' parents were at work at the time.

Demonstration Club Schedule

Christmas Foods will be the topic at meetings of home demonstration clubs next week. Members are requested to bring a sample of favorite Christmas foods and recipes.

The schedule:

Monday, Dec. 2:- Country Lane Club will meet at 7:30 P. M. with Mrs. Twyman Coleman.

Tuesday, Dec. 3.- The Lee Club will meet at 2 P. M. with Mrs. J. B. Goad.

Teus., Dec. 3.- 4-H officers training meeting, 7:30 P. M., at Appomattox Elementary School.

Wednesday, Dec. 4. Adult leader training meeting for January and February demonstrations, 10 A. M. at home demonstration kitchen.

Thursday, Dec. 5.- Rocks Club will meet at 7:30 P. M. with Mrs. Edward Ranson.

Friday, Dec. 6.- Oakgrove Club will meet at 2 P. M., with Mrs. Frank Jones.

Friday, Dec. 6.- Oakville Club will meet at the Oakville school at 7:30 P. M., with Mrs. Elaine Moore, Mrs. Wesley Coleman and Mrs. Len Childers as co-hostesses.

Vera

Vera, Nov. 26.- A study course of James River Association was held at Dillwyn Church last week. Those attending from Liberty Chapel were Mr. and Mrs. Sam Thornhill, Mrs. Henry Stanley, Mr. and Mrs. Joe Megginson, Miss Edna Megginson, Mrs. Lillian Hatcher, Mrs. Preston Coleman and Mrs. Percy Garrette.

Mr. and Mrs. David Garrette, of Alexandria visited Mr. and Mrs. Percy Garrette over the week-end.

Mrs. Alice Grow continues ill at this writing. We wish her a speedy recovery.

Mr. and Mrs. John Torrence, of Lynchburg visited their daughter, Mrs. Joe Megginson Sunday afternoon.

ROBOT BUILDER

London.- Soviet scientists have developed a "building robot" which can apply plaster, lay bricks and build houses, it was said by Tass, the Soviet news agency. The automatic house building machine can construct a five-story house in from 50 to 90 days. The robot, controlled from a revolving working cabin, cuts labor costs to a tenth.

DIES DURING MATCH

Baltimore, Md.- The excitment of watching a wrestling match proved too much for 50-year-old William Cody. Attending a professional bout with his brother, Walter, Mr. Cody slumped unconscious in his seat. Taken to a hospital, he was pronounced dead on arrival.

DIES IN RESCUE ATTEMPT

Bethany, Mo.- After rescuing one of his half-brothers from their blazing house, Dukie Cogdill, 32, was trapped when he went back for another and died along with him. Cogdill's mother, Mrs. James Caverty, two sons and two daughters escaped.

OLDEST VET 115

Houston, Texas.- Walter Williams, the oldest living Civil War veteran, celebrated his 115th birthday Nov. 14. Williams is bedridden most of the time. The only other Civil War veteran stil living is 111-year -old John Salling, of Slant, Va.

UNUSUAL REQUEST

Lexington, Ky.- Mrs. Sara Cecil Taylor, known to have "a fine sense of humor," willed $1,000 to her son-in-law, Ben B. Herr, to "spend foolishly." Herr was named executor of the estate. The rest of the $100,000 estate was left mostly to Mrs. Taylor's daughter, Herr's wife.

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